

## Contact Lenses Versus Specs

Has your eyesight deteriorated to the point where you have to wear spectacles? Are you all right with that? Well, there are a number of options available these days, so you do have other choices. If you do not want to undergo surgery, you can still opt for contact lenses. In fact, contact lenses have been a feasible alternative to glasses for decades. Surgery can be a more permanent solution to difficulties with eyesight, but for various reasons, some individuals do not like to take up this option. This leaves contact lenses as the best alternative. The first thing to notice about contact lenses is that most people will not know that you are wearing them. This is very important to some people and not important to others at all. Contact lenses provide better all-round or peripheral vision than glasses. When you look to the side wearing specs, there is no glass there, but contact lenses cover your entire pupil so that your vision is closer to normal. This is safer if you are driving a car or riding a bike or even attempting to cross a road. Another problem that many people find with specs is that they leave indentations on the nose. Some people find these ugly. Spectacles also require frequent cleaning, which numerous people consider annoying, whereas contact lenses are cleaned by the eyes' normal cleaning system - in other words, automatically. Stylists also think that their prescription spectacles have to go with what they are wearing. This can mean that you have to have a dozen pairs of glasses. If your eyesight deteriorates further, which is fairly probable, all those specs will have to be up-graded as well. This is not true with contact lenses of course. Both specs and contact lenses can adjust for astigmatism or bad eyesight, which comes to most people after the age of forty. Sometimes earlier and sometimes later, but it will happen. Your choice, if you do not want to undergo surgery, is whether you would prefer to wear specs or contact lenses. In the past, contact lenses were very costly, which is why many people still discount using them, but in fact it is no longer the case. Contact lenses are more expensive, but not much more now. In fact, you can buy disposable contact lenses and many people do do that. The fact is that there are better alternatives to wearing either contacts or specs, but most people do not know it. It is possible these days to have one eye operation and never have to wear glasses again. Or you could have laser surgery and almost certainly not need specs again for ten or twenty years, but some people are adverse to having surgery and so they opt for glasses or contacts. In the long run, surgery is almost definitely less costly than wearing contact lenses and wearing contact lenses is almost definitely cheaper than wearing spectacles, but it is the same with most things, people merely look at the up-front costs and cheaper is rarely better. Owen Jones, the writer of this piece, writes on a number of subjects, but is now concerned with [RX Safety Glasses](#). If you would like to know more, please visit our site at [Safety Glasses Bifocal](#)